






May

NORTHEAST SENIOR CENTER

4135 Thousand Oaks Dr. | San Antonio, Texas | 78217
7AM - 4PM | Monday - Friday
(210) 207-4590



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Sunday, May 13	1 9:15-10 Weight Loss Support (P) 10-11 Walgreens Trip 10-11 Mediterranean Diet Presentation (WellMed) (P) 10-12 Intro to Computers 10:15-11:15 Medicare Savings Program & Loteria (WellMed) (G) 1-3 Intro to Computers	2 10-11 Bingo (DR) 10-11 AHA Stroke Prevention Presentation & Free Blood Pressure Checks (CR) 10-12 Windows 10 1-3 Intro to Computers 2-4 Social Worker	3 10-11 Bingo (DR) 10:30-11:30 Walmart Trip 12-3:45 Pool Tournament	4 CENTER IS CLOSED MANDATORY STAFF TRAINING
7 10-12 Intro to MS Word (CL) 12:30 HOBBYTIME! (see flyer) 1-2:30 Aging Mastery Program - pre-registration was required (WellMed) (P) 1-3 Intro to MS Word (CL)	8 9:15-10 Weight Loss Support (P) 10-11 Thrift Town Trip 10-11 CPS Energy Rebates and Energy Saving Info (DR) 10-12 Intro to Computers 1-3 Intro to Computers	9 10-11 Bingo (DR) 10-12 Windows 10 10:30-11:30 STAP Program 1-3 Intro to Computers 2-4 Social Worker	10 10-11 Bingo (DR) 10:30-11:30 H-E-B Trip	11 CENTER IS CLOSED SENIOR DAY IN THE PARK 
14 10-12 Intro to MS Word (CL) 10:30-11:30 Caregiver SOS (WellMed) (CR) 12:30 HOBBYTIME! (see flyer) 1-2:30 Aging Mastery Program - pre-registration was required (WellMed) (P) 1-3 Intro to MS Word (CL)	15 9:15-10 Weight Loss Support (P) 10-11 99¢ Store Trip 10-12 Intro to Computers 10:15-11:15 Medicare Savings Program (DR) 1-3 Intro to Computers	16 10-11 Bingo (DR) 10-12 Windows 10 1-3 Intro to Computers 2-4 Social Worker	17 10-11 Bingo (DR) 10:30-11:30 Walmart Trip	18 9-2 Social Worker 9:30-10:30 Food Demo (Texas A&M AgriLife) (AR) 10-11 Bunco 10-11:30 Let's Talk About It (CR) 12:30 HOBBYTIME! (see flyer) 1-3 The Cowboys John Wayne (Movie)
21 10-12 Intro to MS Word (CL) 12:30 HOBBYTIME! (see flyer) 1-2 Cybercrime Fighters (OASIS) (G) 1-2:30 Aging Mastery Program - pre-registration was required (WellMed) (P) 1-3 Intro to MS Word (CL)	22 9:15-10 Weight Loss Support (P) 10-11 Wills/Trusts/POA Presentation (AACOG) (P) 10-11 Book Club (G) 10-11 Hobby Lobby Trip 10-12 Intro to Computers 1-3 Intro to Computers	23 10-11 Bingo (DR) 10-12 Facebook 1 (CL) 1-3 Intro to Computers 2-4 Social Worker	24 10-11 Bingo (DR) 10:30-11:30 H-E-B Trip 1-2 FREE Eye Glass Cleaning and Repair (PO)	25 9:30-10:30 Nutrition Education (G) 9-2 Social Worker 10-10:30 MacArthur HS JROTC 10-11 Bunco 10-11:30 Let's Talk About It (CR) 12:30 HOBBYTIME! (see flyer) 1-3 Wonder (Movie)
28 CENTER IS CLOSED 	29 9:15-10 Weight Loss Support (P) 10-11 Dollar Tree Trip 10-12 Intro to Computers 1-3 Intro to Computers	30 10-11 Bingo (DR) 10-12 Facebook 1 (CL) 1-3 Intro to Computers 2-4 Social Worker	31 10-11 Bingo (DR) 10:30-11:30 Walmart Trip 12-3:45 Pool Tournament	CLASSROOM KEY: G: GRAY ROOM P: PEACH ROOM GP: GRAY/PEACH ROOM CR: CONFERENCE ROOM DR: DINING ROOM AR: ART ROOM PO: PURPLE OFFICE CL: COMPUTER LAB