



Monday	Tuesday	Wednesday	Thursday	Friday
<p>** All meals come with a choice of an Orange Juice w/ calcium or a 1% Milk. ALL MENU ITEMS ARE SUBJECT TO CHANGE</p>	<p>1 A. Sliced Turkey w/ Gravy B. Roast Beef w/ Gravy  Broccoli &amp; Cauliflower, Mixed Fruit Cup, Cornbread Stuffing, Wheat Roll</p>	<p>2 A. Chicken Parmesan B. Meat Lasagna  Malibu Blend Veggies, Warm Poaches w/ Cinnamon, Breadstick</p>	<p>3 A. Chicken Ranchero B. Carne Guisada  Chopped Asparagus, Potatoes Rancheros, Spanish Brown Rice, Wheat Tortilla, Picante Sauce</p>	<p>4 <b>SENIOR DAY IN THE PARK SHELF STABLE</b> </p>
<p>7 A. Stir Fry Beef w/ Vegetables B. Chicken Chop Suey  Asian Blend Veggies, Fresh Cantaloupe, Steamed Brown Rice, Egg Roll</p>	<p>8 A. Swedish Meatballs B. Grilled Chicken Patty w/ Sautéed Mushrooms  Mixed Vegetables, Fresh Yellow Squash, Banana, Battered Egg Noodles, Breadstick</p>	<p>9 A. Ham w/ Glaze * B. Salisbury Steak w/ Gravy  Mashed Potatoes, California Blend Veggies, Wheat Roll, Graham Crackers</p>	<p>10 A. Fiesta Salad w/ Grilled Chicken (spinach, tomatoes, purple onions, black beans, corn, cheese, onions) + F Ranch Dressing B. Tuna Macaroni Salad Carrots &amp; Raisins, Grape Tomatoes Wheat Crackers, Pineapple Cup</p>	<p>11 A. Hamburger w/ Mushrooms &amp; Onions (sauce, tomato slice, mustard) B. Pulled Pork *  Sweet Potato Tots, Oats w/ Tomatoes, Mandarin Orange Cup, Wheat HB Roll</p>
<p>14 A. Mac &amp; Cheese w/ Diced Turkey B. Chicken Casserole  Peas &amp; Carrots, Spinach w/ Onion, Breadstick</p>	<p>15 A. Grilled Fish w/ Salsa B. Creole Chicken  Diced Fresh Sweet Potatoes, Green Bean Almandine, Fresh Fruit, Animal Crackers, Rice Pilaf</p>	<p>16 A. Carne Guisada B. Chicken Fajitas  Potatoes Rancheros, Peach Cup, Wheat Tortilla, Spanish Brown Rice, Picante Sauce</p>	<p>17 A. Chopped BBQ Beef B. Chopped BBQ Chicken  Seasoned Spinach, Creamed Corn, Pineapple Cup, Wheat HB Bun</p>	<p>18 A. Pork Riblet * B. Italian Beef Patty  Broccoli &amp; Cauliflower, Fresh Fruit, Seasoned Romaine, Goldfish Crackers</p>
<p>21 A. King Ranch Chicken B. Meatloaf w/ Gravy  Red Potatoes w/ Dill, Steamed Fresh Zucchini, Wheat Roll, Animal Crackers</p>	<p>22 A. Chicken Meatballs w/ Spaghetti B. Manicotti  California Blend Veggies, Fresh Cooked Red Cabbage, Mixed Fruit Cup, Breadstick</p>	<p>23 A. Orange Chicken B. Teriyaki Beef  Asian Blend Veggies, Brussel Sprouts, Steamed Brown Rice, Fortune Cookie</p>	<p>24 A. Chicken Tenders w/ Gravy B. BBQ Sausage Link *  Oven Baked Fries, Capri Blend Veggies, Wheat Roll, Graham Crackers</p>	<p>25 A. White Fish Ceviche B. Classic Chicken Salad  Grape Tomatoes, Fresh Sliced Cantaloupe, Multigrain Sun Chips, Wheat Crackers, FT Thousand Island Dressing</p>
<p>28 <b>MEMORIAL DAY SHELF STABLE</b> </p>	<p>29 A. Creole Meatloaf B. Chicken Patty w/ Orange Sauce  Chopped Greens, Steamed Coined Carrots, Fresh Fruit, Mixed Rice, Animal Crackers</p>	<p>30 A. Chicken w/ Herbed Gravy B. Blackened Fish  Spinach w/ Onion, Fresh Banana, Mac &amp; Cheese, Wheat Roll</p>	<p>31 A. Beef &amp; Peppers B. Grilled Chicken Patty w/ Peppers  Turnip Greens, Fresh Orange, Corn, Battered Egg Noodles, Wheat Roll</p>	<p> Alamo Area Council of Governments  For more information call (210)-207-7172</p>

P. Pork Product